



तत्सुखसुखित्वम्

Nagpur Shikshan Mandal's
Shri Binzani City College
Sakkardara Square, Umrer Road, Nagpur

NAGPUR SHIKSHAN MANDAL'S
S. B. CITY COLLEGE
UMRER ROAD, NAGPUR



"FIT PEOPLE FIT NATION"

DEPARTMENT OF PHYSICAL EDUCATION

We are committed to "Excellence in Education"

and to make the Students

"Self reliant and responsible members of the Society"





तत्सुखमुखित्वम्

Nagpur Shikshan Mandal's
Shri Binzani City College
Sakkardara Square, Umrer Road, Nagpur

- **INTRODUCTION :**

S. B. City College is one of the oldest College in Nagpur established in 1930. Right from the beginning it was taking keen interest in the field of Physical Education and Sports. In order to develop interest and enthusiasm in sports and producing best sports personalities for the National College is providing all the facilities required by the Students.

- **AIMS & OBJECTIVES**

- Develop Physical Fitness of the Students
- All round development of the Students
- Preparation for competitive Sports
- Stimulate interest and awareness among the masses about Physical fitness and sports

- **STAFF (DIRECTORS OF PHYSICAL EDUCATION)**

- **CURRICULUM**

- Physical Education Classes
- Participation in Inter School, Inter Collegiate and Local Tournaments in various sports.
- Organization of Inter School and Inter Collegiate Tournaments.
- Organization of Inter Class Tournament
- Organization of Inter Staff Tournament
- Physical Efficiency Test
- Medical Tests
- Yoga Camps
- Seminar and Workshop
- Summer Comp
- Picnics

- **OTHER ACTIVITIES**

- Intramural Sports : For identifying and developing sports talents
- Organization of Inter Institute Tournament
- Organization of Inter Staff Tournament
- Adventure Camps : To develop courage and confidence Yoga Camps, Republic Day Celebrations, Felicitation of the Students.





तत्सुखसुखित्वम्

Nagpur Shikshan Mandal's
Shri Binzani City College
Sakkardara Square, Umrer Road, Nagpur

● **ACHIEVEMENTS OF PLAYERS :**

Year	National / University / State	Khelo India/National Game
2019-20	22	Ms. Shubhangi Raut – 3-Silver,1-Bronze - Judo
2020-21	34	Mr. Vaibhav Shrirame – 2 Gold- 1 Silver – Yoga
2021-22	38	Ms. Kalyani Chute - 1 Silver-Yoga
2022-23	42	Mr Sourabh Tiwari – 1 Bronze - Athletics
2023-24	38	Ms. Ashutosh bawane – Athletics Ms. Praful Gajbhiye – Karate Ms Akshay Salvikar - 1 Silver 1 Bronze

● **AWARDED CHAMPIONSHIPS BY NAGPUR UNIVERSITY**

2019-20 - Kho-Kho (M)-Winner, Kho-Kho (W)-3rd Place,
Cross Country (W)-3rd Place

2020-21 – Kho-KHO (M) - Winner

2021-22 – Over All Championship Athletics (M&W)

2022-23– Kho-Kho (M) Cross-Country (W)

2023 -24– Kho-Kho (M) Athletics, (M-R)(W-3rd), Kabaddi (3rd Place)

Best Athlets (Men)

Mr Sourabh Tiwari

Jr. College - Athletics – , Volley Ball – 2022-23

● **INFRASTRUCTURE & FACILITIES AVAILABLE**

Cynder Track	–	400 Mtrs.
Gymnasium Hall	–	One
Basket Ball Court	–	One
Table – Tennis	–	One
Volley Ball Court	–	Two
Cricket Ground	–	One (with indoor)
Kho-Kho Field	–	One
Kabaddi Court	–	Two

